Clinical Training Program

The Clinical Program

The Clinical Training Program at Stand Up Placer provides therapists-in-training excellent opportunities to advance their therapeutic skills with the support of individual and group supervision, ongoing clinical training and professional development.

Interns and trainees receive valuable training by providing direct psychotherapy services for sexual assault & domestic violence survivors and their families. The clinical work is supported by didactic presentations, clinical supervision and collegial relationships with fellow therapists.

Therapists-in-training have opportunities to develop their clinical skills working with adults, adolescents and children within the following modalities:

- Individual psychotherapy
- Couples counseling
- Play therapy and Sandplay
- Family therapy
- Group therapy

Clinicians see clients in the our Safe House as well as in our outpatient offices in Auburn and Roseville. Interns must be onsite each week for minimum 16 hours, with six evening or Saturday hours available for scheduling clients.

Our twelve-month training program meets all the Board of Behavioral Sciences (BBS) licensing laws. The weekly mandatory meetings include individual supervision, group supervision, clinical program meeting, clinical didactic trainings and a professional development group.

Clinical Supervision

Weekly individual supervision is provided in accordance with the requirements of the Board of Behavioral Science. Clinical supervision is performed by supervisors certified by the California Assn. of Marriage & Family Therapists.

Interns and trainees are required to attend two hours of clinical group supervision each week in which support and feedback for clinical work is given. In-depth case presentations are provided periodically by all members of the group with focus on case conceptualization, treatment plan, transference, countertransference and course of treatment.

Didactic Clinical Training

Advanced clinical training incorporates various treatment modalities and/or treatment issues with emphasis on psychodynamic case conceptualization and trauma-related interventions. Clinical topics include, but are not limited to

- Establishing the Therapeutic Alliance with Abuse Survivors
- Play Therapy and Sandplay
- Treatment of Traumatized Adults & Children
- Working with Personality Disorders
- Projective Identification & Countertransference

Crisis Intervention Training

Newly hired therapists must complete a 70-hour crisis intervention training prior to providing therapy to sexual assault and domestic violence survivors. Stand Up Placer holds Crisis Intervention Trainings twice a year. This comprehensive training is offered at no cost to interns & trainees who have been admitted into our Training Program.

Professional Development

The Professional Development Group provides a unique opportunity for the therapist-in-training to explore personal aspects of training as a psychotherapist. The group helps those who are pre-licensed to expand their sense of themselves as therapists and integrate what they are learning in the Clinical Training Program.

Participants will look at their own relationship to the profession, to their peers, to their work with clients and to one’s growing identity as a professional in the field.

Requirements & Application Process

The Clinical Training Program recruits post-graduate interns twice a year. Qualified applicants must meet at least one of the following two criteria:

1. Enrollment in or graduation from an approved Master’s program in Clinical Psychology, Social Work, Counseling or Marriage & Family Therapy;
2. Current registration as an MFT intern in good standing with the Board of Behavior Science.

Send resume and letter of interest to:
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Or email in PDF format to:
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